



# Community Health Worker COVID-19 Toolkit

The Alaska Primary Care Association receives sub-award funding from the Alaska Department of Labor and Workforce Development, Alaska Workforce Investment Board for the purpose of training Community Health Workers (CHWs) through Registered Apprenticeships and direct-hiring a small subset of CHWs to address long-standing health disparities and improve access to COVID-19 related services in Anchorage, Mat-Su Borough, and Fairbanks. These CHWs will help persons who experience multiple barriers to healthcare, are at greater risk for contracting severe COVID-19 illness, and those experiencing poor health outcomes.

As part of this initiative, the CHW COVID-19 Toolkit has been developed as a resource to assist Community Health Workers in training themselves and others on COVID-19. The toolkit features a range of resources from various organizations.



## State of Alaska Department of Health

- [COVID-19 in Alaska](#)
- [Alaska's Chief Medical Officer talks about increasing COVID-19 cases](#)
- [How to Get Vaccination Records - Download Docket](#)



## Alaska Primary Care Association

The Alaska Primary Care Association (APCA) is an organization with the mission to Advance Alaska's Wellness through the support of vibrant and effective Community Health Centers. APCA works with Alaska's Health Centers and many partners to promote, expand, and optimize access to primary care for Alaskans.

Since its founding in 1995, APCA has grown to serve 29 Federally Qualified Health Centers and Look-Alikes in addition to safety-net providers, and stakeholders across the state of Alaska.

**Below is a list of link to information designed to assist Alaska's CHWs in their work:**

- [COVID-19 Misinformation](#)
- [Journal Articles & Academic Review Process](#)
- [COVID-19 Posters & Handouts](#)
- [Recording - Motivational Interviewing & Vaccine Hesitancy](#)
- [PPT - The Importance of COVID Vaccines for Children 6 Months & Older](#)
- [How to Use Docket with Your Client](#)

The American College of Physicians (ACP) is a diverse community of 161,000 internal medicine physicians, subspecialists, residents, fellows, and medical students worldwide. Join us to advance your career and the internal medicine profession.

- **[What should you do if you test positive for COVID in 2023?](#)**



## Centers for Disease Control & Prevention

The Centers for Disease Control & Prevention is the nation's leading science-based, data-driven, service organization that protects the public's health. For more than 70 years, we've put science into action to help children stay healthy so they can grow and learn; to help families, businesses, and communities fight disease and stay strong; and to protect the public's health.

COVID-19 (coronavirus disease 2019) is a disease caused by a virus named SARS-CoV-2. It can be very contagious and spreads quickly. Over one million people have died from COVID-19 in the United States.

COVID-19 most often causes respiratory symptoms that can feel much like a cold, the flu, or pneumonia. COVID-19 may attack more than your lungs and respiratory system. Other parts of your body may also be affected by the disease. Most people with COVID-19 have mild symptoms, but some people become severely ill. Some people including those with minor or no symptoms will develop Post-COVID Conditions – also called “Long COVID.”

- **[CDC COVID-19 Webpage](#)**
- **[CDC COVID-19 Vaccine Finder](#)**



## MHP Salud

Since 1983, MHP Salud, a national non-profit organization, has been dedicated to strengthening underserved communities by improving access to health care and social services. We believe that every person has the unique skills, talents, and experiences that are key to creating and implementing solutions to community needs. That is why Community Health Workers are at the center of everything we do. Developing and implementing innovative CHW programs with a firm commitment to collaboration and resource-sharing have remained key organizational strategies.

### **Welcome to the COVID-19 Directory for Community Health Workers (CHWs)**

In this directory, you can access educational resources focused on Community Health Worker (CHW) COVID-19 interventions for Latinos and Farmworker Communities. You can also find resources for family caregivers of Latino Older Adults.

- **[MHP Salud COVID-19 Resources](#)**



## Rural Health Information Hub

Welcome to the Community Health Workers (CHW) Toolkit. This toolkit compiles promising practices and resources to support rural communities seeking to develop CHW programs. CHWs are public health or social service workers who are close to and serve members of the community by helping them to adopt healthy behaviors. They may also be known as community health representatives, lay health workers, promotoras, peer health promoters, and peer health educators. CHWs play many important roles in rural communities.

The target audiences for the toolkit are rural organizations including healthcare providers; nonprofit organizations; faith-based organizations; businesses; networks; and community-based organizations. For more information about rural community health programs, including how to develop and implement a program, visit the [Rural Community Health Toolkit](#).

- [Rural Community Health Workers Toolkit](#)
- [Evidence-Based Toolkits for Rural Community Health](#)



## [Stanford Center for Health Education](#)

Stanford

Center for Health Education

Community Health Workers (CHWs) are trusted, reliable sources of health information for millions of people around the world. They play a vital role in promoting healthy behaviors and have enormous potential to contribute to global vaccination efforts for COVID-19 as well as routine immunization. However, in the face of rampant misinformation and other barriers, CHWs often lack adequate support to increase vaccine confidence effectively.

We've created a free digital vaccination toolkit to equip CHWs with the knowledge and strategies to increase vaccine acceptance in their communities. Access the videos, audio files, and infographics through this webpage or the free Digital Medic mobile app for [iOS](#) and [Android](#). Resources are available in English, Spanish, French, Sepedi, and Xhosa.

### Using the Toolkit

The toolkit contains 10 animated videos, also available as audio-only files. It also includes a complementary set of static graphics, all shareable via mobile chat platforms such as WhatsApp. Health workers can access and revisit the materials in any order, at any time. A subset of the content is also appropriate for CHWs to share with their communities as teaching tools. In total, it should take about 100 minutes to review the materials.

Accessing course content through the Digital Medic mobile app for Google Play or the App Store is recommended in settings with limited data and internet connectivity. All content is freely available under the [Creative Commons \(CC-BY-NC-ND 4.0\) license](#).

## **Video Series - Supporting Vaccination: A Toolkit for CHWs**

- The Power of Your Story
- Virus & Vaccine 101
- Vaccine Side Effects & Adverse Events
- Understanding & Responding to Special Concerns
- Addressing Beliefs & Values
- From Empathy to Action
- Source & Share Trusted Information
- Supporting Those Who Are Ready
- Concurrent Preventive Strategies
- Self-Care for Community Health Workers

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